

## SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Sept.9<sup>th</sup> – Oct.2nd 2026

*Thank you for supporting the School Meal Program*

| Monday                                                                                    | Tuesday                                              | Wednesday                                                    | Thursday                                                            | Friday                                            |
|-------------------------------------------------------------------------------------------|------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------|
| 07<br><br><b>Labour Day</b><br><b>No School</b>                                           | 08                                                   | 09<br>Spaghetti with<br>Tomato Sauce &<br>Cheese             | 10<br>French Toast<br>Yogurt & Syrup                                | 11<br><br><b>PIZZA</b>                            |
| 14<br>Beef Meatballs<br>Tater Tot<br>Poutine<br><br>Veggie Meatballs<br>Tater Tot Poutine | 15<br>Chicken<br>Shawarma<br><br>Falafel<br>Shawarma | 16<br>Butter Chicken<br>Rice<br><br>Butter Chickpeas<br>Rice | 17<br>Cheese Tortellini<br>With Pasta Sauce                         | 18<br>Chicken Hot<br>Dog<br><br>Veggie Hot<br>Dog |
| 21<br>Pizza Plank                                                                         | 22<br>Cheeseburger<br><br>Veggie Burger              | 23<br>Chicken Wrap<br><br>Veggie Chick'n Wrap                | 24<br>Korean Bulgogi<br>Noodles                                     | 25<br><br><b>PRO-D</b>                            |
| 28<br>Pancakes<br>Yogurt<br>Syrup                                                         | 29<br>Beef Lasagna<br><br>Vegetarian<br>Lasagna      | 30<br><b>STAT HOLIDAY</b><br>Truth &<br>Reconciliation Day   | 01<br>Teriyaki Chicken<br>Chowmein<br><br>Teriyaki Tofu<br>Chowmein | 02<br><br><b>SUBWAY</b>                           |

**All Meals include Fruit or Veggie and a small milk**