



# News

## FROM THE NEST



Welcome to our first edition of News from the Nest!

Hopefully this will be a place you can come for a quick peek into the buzz around Capitol Hill Elementary! Of course, this doesn't come close to checking in with your learner.

### In November

Gymnastics were a huge focus this month as we had the district trestle tree equipment and made very good use of it. Staff and students enjoyed the many outstanding gymnastics performances.

For their Social Studies unit, Division 8 borrowed a giant map of Canada from Canadian Geographic and...just like Max, Room 15 became the 'world all around' for staff and students. Ask your learner if they had an opportunity to travel across the country without leaving the room. Many students were surprised at just how many waterways there are and the sheer size of the country!

The whole school gathered in the gym on November 10 to honour and reflect on the tragedy of war and the commitment to peace. It was a dignified and solemn event.

On November 25th, the vocal Choir and Resonance (handbell choir) performed at the Salvation Army Christmas Market. They braved the cold and performed outdoors!

The Scholastic Book Fair was a great way to wrap up the month. There were many people browsing about during the Book Fair Times. Ms. Bogunovic looked really excited about all of her new purchases!

Student leaders play an important role in helping things run smoothly. This month we are grateful for the following students and their contributions to our safe and caring school:

**Morning Announcers:** Tessa and Sumin; Aydin and Nikhil; Emberlyne and Shirin; Emmie and Mia; and, Sofia.

**The Remembrance Day Assembly MCs:**– Kalan from Division 2 and Emelia from Division 4

### Lunchtime Classroom Monitors:

Sofia (8), Claire (8), Carina (8), Harper (7), Joclyn (7), Kossy (9), Pardi (9), Karen (11), Ahmad (10), Jason (10), Anita (3), Chloe (3), Sumin (2), Tessa (2), Taylor (2), Keira (8), Mikaela (8), Hope (7), Alicia (8), Ava (9), Aahana (9), Yuna (11), Mia (11), Shirin (2), Emberlyne (1), Paniz (10), Angela (6), Louis (8), Aubry (8), Kyla (7), Jenna (7), Jona (9), Kayden (9), Caden (11), Miles (10), Mateo (6), Xander (6), Olivia (9), Mia (6), Mika (8), Aria (9), Aramesh (5), Ella (9), Marcus (8), Elena (7), Audrey (7), Blerand (8), Luke (9), Emmie (11), Ally (11), Xander (6), Qais (6)

**Office Monitors:** Emanuel, Aadya, Natalie, Emberlyne, Sofia, Zoey, Jacob, Jayda, Shirin.

Not only is December holiday season, it is also report card season. First term Progress Reports will be coming home in December. Conversations continue around the use of the Proficiency Scale and the shift in thinking it requires. As we go deeper with learning and use multiple ways to represent and assess that learning, it is more exciting and engaging for all learners. However, it is not possible to neatly wrap up learning periods like in the past where lessons were delivered, worksheets were completed and then were followed by an end of unit written test and all of these were done according to schedule. The progress reports that will go home in December will reflect a variety of learning at many different stages. Student' progress will be commented on based on that. For example, in first term Division 13 did a huge inquiry into the Life Cycle of Spiders while Division 15 deeply explored foxes in their Science Inquiry on how living things survive. Based on the students' interest and ongoing engagement in both Science Big Ideas, there would be no way to cut the learning short to provide a specific 'mark.' Instead, the teachers will provide comments based on their assessment of the learning that has been happening to date. The descriptive feedback, the proficiency scale descriptor, along with the work your learners have brought home will help to create a picture of what your student knows, can do, and understands at the end of first term. Please let me know if you would like to discuss this further.

**Interesting Reading:** "The Importance of Assessment as Learning by George Couros

<https://georgecouros.ca/blog/archives/8131>

### Coming up in December:

Grade 6/7 Leadership Event - tba

December 5th – Choir and Resonance perform at Brentwood Mall at 1:00 p.m

December 6th – Resonance performs at the Hope in the City Breakfast (at Vancouver Convention Centre at 7:00 a.m. (this is not a typo – they need to be there 6:30 a.m!)

December 15th – Pancake Breakfast

December 20th – "Christmas at the Movies" – Capitol Hill's Winter Concert at 1:00 p.m and 6:30 p.m.

December 20th – Division 8 and 11 are putting on a Christmas Market for students from 9:00 – 12:00. All items will be \$2 or less.

December 21st – Winter Assembly – time to be determined

December 21st – Progress Reports go home

To keep in mind in case the busyness of December feels like a lot. . .

*SLOW ME DOWN*

*Slow me down*

*Ease the pounding of my heart by the quieting of my mind.*

*Steady my hurried pace*

*with a vision of the eternal march of time. Give me amid the confusion of the day, the calmness of the eternal hills.*

*Break the tension of my nerves and muscles*

*with the soothing music of the singing streams that live in my memory.*

*Help me to know the magical restoring power of sleep. Teach me the art of taking MINUTE vacations,*

*Of slowing down to look at a flower,*

*to chat with a friend, to pat a dog,*

*to read a few lines of a good book.*

*Slow me down*

*and inspire me to send my roots*

*deep into the soil of life's enduring values*

*that I may grow toward the stars of my greater destiny.*

*Author: Wilfred A. Peterson*

*Submitted By: [HYPERLINK"https://www.scrapbook.com/forums/showuser.php?uid/86807/"](https://www.scrapbook.com/forums/showuser.php?uid/86807/)Wordweaver*

*From: Greater Good in Education*

SCIENCE-BASED PRACTICES FOR KINDER, HAPPIER SCHOOLS

