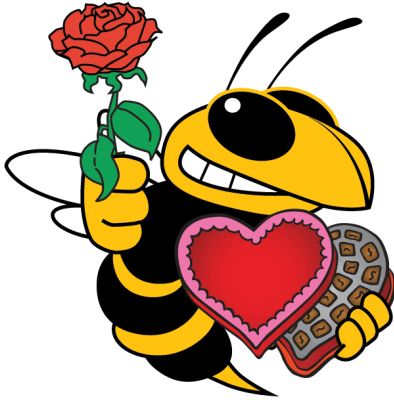


# École Capitol Hill



Principal - Mrs. J. Carson  
Head Teacher - Mrs. C. Armstrong  
Administrative Secretary - Ms. N. Leung

350 S. Holdom  
Burnaby, B.C. V5B 3V1  
Ph. 604-296-9006

## Principal's Message

Dear Families;

Happy Lunar New Year! I wish everyone good health and prosperity for the year ahead. February is a busy month at Capitol Hill. Throughout the month of February, we are celebrating Black History Month. The national theme for Black History Month 2023 is: "Ours to Tell". This theme represents both an opportunity to engage in important conversation and a commitment to learning more about the stories Black communities in Canada can share about their histories, successes, sacrifices and triumphs. A fundamental part of this learning is examining times in history when people were not afforded kindness. As we work together to build a more equitable and inclusive Canada, a crucial first step is engaging in conversations about race, and the importance of eradicating racism and hate in our communities. We believe that educating our students about racial inequality and the importance of diversity supports this goal.

Aligning with this goal, on February 22rd, we will celebrate Pink Shirt Day. 'Lift Each Other Up' is the theme for Pink Shirt Day again this year. We will be focusing on learning about empathy, kindness and compassion and how we can extend those actions to others in our community.

We hope that the lessons students engage in this month transfer to larger, equally important understandings about how we treat others who are different from ourselves. Our goal is to build inclusive and caring communities, where members feel valued, heard and understood.

As always, thank you for your continued support on this journey.

Ms. Carson  
Principal

### PAC Executive

Chair: Valentina Farley

Treasurer: Lilia Tsui

Secretary: Nicole Macdonald

Member at Large: Lark Maloff

DPAC Rep: Karla Barajas

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<http://capitolhill.sd41.bc.ca>



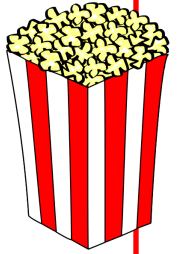
### POPCORN FRIDAYS

Our PAC has organized a Popcorn Fundraiser.

Every Friday there will be a popcorn sale.

(or Thursday's if the Friday is a Pro-D Day)

Remember to bring \$2 to grab a bag of popcorn.

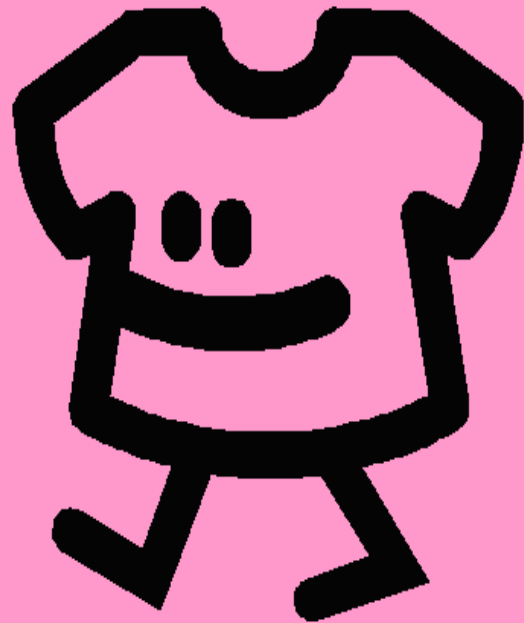


**February 13th** at 12:15pm the Gr.7's will be hosting a Bake Sale!

There will be lots of yummy treats!



**Pink Shirt Day**  
February 22nd  
**WEAR PINK**



**STOP BULLYING**



# Road safety



Mornings can be dark—especially with the unpredictable weather. We are asking families who drop off and or pick up their children to be aware and reminded of the following:

1. **Speed Limit:** Please note that the roads surrounding the school are a **30 km** speed limit zone.
2. Please **cross** the road at **CROSSWALKS ONLY**. Drivers may not see children crossing mid block or through cars.
3. Please **hold the hand** of younger children to ensure they do not dart into surrounding roads.
4. Rain and snow can lead to more congestion and an increase in drop off/pick up cars. Please be aware of surroundings before leaving the parking spot you are in.
5. The back parking lot—by the fields and gym are for **STAFF ONLY**. Please avoid using the staff parking lot for drop off and pick up.

Capitol Hill students have a huge area to play at recess and lunch. Sometimes the fields are wet, or areas are slippery. Please ensure that there is a spare change of clothes in your child(ren)'s classroom. This includes:

- Socks • Shirt • Pants
- Undergarments

Having these items in the classroom will reduce the number of outgoing calls and interruptions at home or work for parents. Thank you.





## Community News



**Register** in February (in advance of the next school year ) if your student: is starting **Kindergarten** next Fall (Born in 2018).

- Will be new (all grades) to the District in September 2023
- Apply from February 1st to February 28th 2023 to be considered for priority placement for the 2023-24 school year if your student:**

All forms must be completed online through the Burnaby School District website. Registration must be completed for the neighborhood/catchment school.

For more information on Registration Procedures and to register please visit the Burnaby School District Website:

<https://burnabyschools.ca/registration/>

# Cross-District and Out of District

- would like to apply to [French Immersion](#), [Mandarin Language Arts](#) or any of the other Secondary and Elementary [Programs of Choice](#)
- wants to attend a school other than their home school ([cross-district transfer](#))



## Registration Information

### 2023 Minis Spring League

Apr 8, 2023 - June 17, 2023

Join us for 10 weeks session filled with fun activities that gear towards soccer for ages **3 – 6 years old** (born 2016 - 2019)

- Only **\$150** for current player (currently registered for Fall 2022 season) or **\$170 for new player** (not registered for Fall 2022 season)
- One practice on weeknight
- Games/Soccer Activities on Saturdays (between 9 - 12 am)
- Games and practices at Byrne Creek Secondary School turf

**Register now at**

<https://go.teamsnap.com/forms/351982>



### Spring Academy

Apr 17, 2023 – June 19, 2023

Want to improve your soccer skills?

Join us for 9 sessions of fun and learning how to play soccer

- U8 and younger
- U9 and older
- High Intensity (selected players)
- Goalie

- Only **\$175** for the whole program
- For kids 4 – 12 years old
- Monday night sessions ONLY (6-7 pm for 7 years and younger) and (7:05 – 8:05 pm for 8 years and older)
- All 9 sessions will be at Byrne Creek Secondary School turf

**Register now at**

<https://go.teamsnap.com/forms/351984>

### Cascadia 2023

April 8, 2023 – June 17, 2023

Join us for 10 weeks session for kids ages **7 years and older** (born 2005 - 2015).

- Only **\$175** for current player registered for Fall 2022 season, **\$200 for new player** (not registered for Fall 2022 season)
- At least 1 practice on weeknights
- Games/Soccer Activities on Saturdays
- Practices at Byrne Creek Secondary School turf
- Late registration fee of \$25 if registered after Feb. 5, 2023

**Register now at**

<https://go.teamsnap.com/forms/351981>



# REGISTER FOR BASEBALL!

Co-ed Programs for ages 3 - 26

All-Girls Programs for ages 6 - 18

Registration Deadline Feb 28th, 2023

**Co-ed Registration:**

Residents living in red area

Register at

[www.burnabybaseball.com](http://www.burnabybaseball.com)

**All-Girls Registration:**

Open to all residents

Register at

[www.burnabygirlsbaseball.com](http://www.burnabygirlsbaseball.com)







# Elementary

## PROGRAMS OF CHOICE

Programs of Choice are offered at both the elementary and secondary levels, and provide students with the opportunity to explore their interests and support their strengths.



Applications are accepted in February for most programs in order to be considered for priority placement for the following school year. For Multi-Age Cluster Class, applications are taken in October and November for the following school year.

Students who would like to attend a program at a school other than their home school may need to apply for a cross-district transfer.

**8** Schools Offer  
EARLY FRENCH  
IMMERSION

**2** Schools Offer  
MULT-AGE  
CLUSTER CLASS

**K-7 Education  
THROUGH THE ARTS**

**2** Schools Offer  
LATE FRENCH  
IMMERSION

**MANDARIN**  
Language Arts

**FAVOURITE PLACE TO  
LEARN A NEW SKILL**



 @burnabyschools

[www.burnabyschools.ca](http://www.burnabyschools.ca)



RICASHAE • Construction Electrician Program



ANIMESH • DigiPen Program



ASPEN • Auto Service Technician Program



DENZEL • Health Sciences Program



TEREZA • Volleyball Academy



# Secondary

## PROGRAMS OF CHOICE

All eight of our high schools offer Programs of Choice that allow students to explore their interests, support their strengths, or get exposed to a career while fulfilling their academic requirements.



The Burnaby School District offers dozens of options, with many put on in partnership with higher education institutions or industry.

**18** Career Education ADVISORS

**3** Schools Offer FRENCH IMMERSION

Educational ENRICHMENT Options

**8** CENTRES CAREER

**1000** WORK EXPERIENCE EMPLOYERS

**6** SPORTS Academies

**8** TECH Options

**29** Career Training Options

**25** AP Courses

ONLINE Learning

**>18** TRADES

FAVOURITE PLACE TO LEARN A NEW SKILL



@burnabyschools

www.burnabyschools.ca

# February, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fancy Day Uzume Taiko Workshop	2 Uzume Taiko Workshop Div. 6 Skating Girls Bball game	3	4
5	6	7 Boys Bball Game	8 Div.1 Field trip	9 Div.6 Skating Girls Bball Game	10 Staff Vs Students Bball Game Pie Throwing— Food bank	11
12	13 Bake Sale	14 Valentines Day Boys Bball Play Day Div. 14, 15 Skating	15	16 Girls Bball Play day	17	18
19	20 Family Day No School	21	22 Pink Shirt Day	23	24 District Pro D	25
26	27	28 Div. 7,8,9 Mount Seymour Field Trip				

## 2023

\* Please Note: Calendar, dates and times are subject to change