

## SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Oct.19<sup>th</sup> – Nov.13<sup>th</sup>

*Thank you for supporting the School Meal Program*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>19</b> <b>Tri-Colour Rotini with Chicken in Rose Sauce</b> Veggies / Fruits	<b>20</b> <b>Hamburger with Bun</b> Veggies / Fruits	<b>21</b> <b>Chicken Wrap (individual)</b> Veggies / Fruits	<b>22</b> <b>Japanese Chicken Curry with Rice</b> Veggies / Fruits	<b>23</b> <b>PRO-D DAY</b>
<b>26</b> <b>Tahiti Chicken with Roasted Potatoes</b> Veggies / Fruits	<b>27</b> <b>Meatball with Light BBQ Sauce</b> Veggies / Fruits	<b>28</b> <b>Butter Chicken with Brown Blend Rice</b> Veggies / Fruits	<b>29</b> <b>Macaroni and Cheese</b> Veggies / Fruits	<b>30</b> <b>Subway</b> Veggies / Fruits
<b>2</b> <b>Beef Lasagna</b> Veggies / Fruits	<b>3</b> <b>Turkey Sloppy Joe (dinner roll)</b> Veggies / Fruits	<b>4</b> <b>BBQ Chicken w/Hashbrown cubes</b> Veggies / Fruits	<b>5</b> <b>Tortellini in Cream Sauce</b> Veggies / Fruits	<b>6</b> <b>Sweet &amp; Sour Chicken with Rice</b> Veggies / Fruits
<b>9</b> <b>Beef Goulash with Spaghetti</b> Veggies / Fruits	<b>10</b> <b>Chicken Fingers (Caesar Warp)</b> Veggies / Fruits	<b>11</b> <b>Remembrance Day No School</b>	<b>12</b> <b>Chicken Fried Rice</b> Veggies / Fruits	<b>13</b> <b>Pizza Day</b> Veggies / Fruits

- Preferred payment is through Cash Online. Online payment is available until October 13, 2020.
- No Post Dated Cheques
- Envelopes must be returned to ensure student receives lunch by noon on October 13, 2020.