

## SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Sept.21<sup>st</sup> – Oct.16<sup>th</sup> 2020

*Thank you for supporting the School Meal Program*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>21</b> <b>Macaroni &amp; Cheese</b>  Milk Fruits or Veges	<b>22</b> <b>Beef Lasagna</b>  Milk Fruits or Veges	<b>23</b> <b>Fish Taco</b> (Tortilla shells)  Milk Fruits or Veges	<b>24</b> <b>Chicken Spaghetti Casserole</b>  Milk Fruits or Veges	<b>25</b>  <b>PRO-D DAY</b>
<b>28</b> <b>Fish Filet on Rice</b>  Milk Fruits or Veges	<b>29</b> <b>Meatballs with Penne</b>  Milk Fruits or Veges	<b>30</b> <b>BBQ Chicken with Tater Tots</b>  Milk Fruits or Veges	<b>01</b> <b>Cheese Ravioli with Tomato Sauce</b>  Milk Fruits or Veges	<b>02</b> <b>Hamburger</b> (Hamburger Bun)  Milk Fruits or Veges
<b>05</b> <b>Salsa Chicken with Corn</b>  Milk Fruits or Veges	<b>06</b> <b>Meatloaf, Mashed Potatoes &amp; Gravy</b>  Milk Fruits or Veges	<b>07</b> <b>Hot Dog</b> (Hot Dog Bun)  Milk Fruits or Veges	<b>08</b> <b>Tortellini in Cream Sauce</b>  Milk Fruits or Veges	<b>09</b> <b>Chicken Fried Rice</b>  Milk Fruits or Veges
<b>12</b> <b>THANKS GIVING</b>	<b>13</b> <b>Turkey Bolognese with Penne</b>  Milk Fruits or Veges	<b>14</b> <b>Honey Garlic Chicken with Rice</b>  Milk Fruits or Veges	<b>15</b> <b>Beef Stew</b>  Milk Fruits or Veges	<b>16</b> <b>PIZZA DAY</b>  Milk Fruits or Veges

- Preferred payment is through Cash Online. Online payment is available until September 14, 2020
- No Post Dated Cheques
- Envelopes must be returned to ensure student receives lunch by noon September 14, 2020