

École Capitol Hill



Principal - Mr. W. Kanno
Head Teacher - Mrs. C. Armstrong
Administrative Secretary - Ms. N. Leung

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Principal's Message

Dear Parents,

I have noticed the first signs of Spring with our bulbs in our school planters beginning to sprout up this last week and the temperature creeping up to double digits as we enter into the month of March. Spring Break is just around the corner, and our last day of classes will be Friday, March 13th. We will return back to school on Monday, March 30th. Second term report cards will be issued to students on Friday, March 13th.

Our grade 6 and 7 boys and girls have had the opportunity to join our Capitol Hill school Basketball teams. We have just finished our season with both of our teams participating at a Playday hosted by Burnaby North Secondary. I would like to thank our staff (Ms. Sewell, Mr. Canuel, Mr. Wu and Mrs. Armstrong) who have spent their time teaching the game of basketball to our players. Our boys' competitive showed strongly at their tournament, winning their pool, and finishing in fifth place. The team had a fabulously exciting game in the quarterfinals, making a dramatic comeback in the second half, but lost with no time left on the clock. We are proud of all of our basketball team members and thank you for representing Capitol Hill so well. Go Hornets!

On February 20th, our school hosted the Brentwood North Zone Grade 7 Public Speaking Challenge. The topic this year was "The greatest life lesson I have learned so far is..." Nineteen grade 7 speakers representing their schools in our zone spoke on this topic. Our school was represented by Lenore W. from division 1 and Jocelyn Z. from division 3. Both Lenore and Jocelyn spoke passionately and eloquently on their topic in front of an audience of parents and school staff and a panel of esteemed judges. We congratulate Lenore and Jocelyn for representing our school so fabulously and we are wishing Jocelyn our best as she is one of our two zone finalists who will be speaking at the district finals on March 11th at Byrne Creek Secondary.

We celebrated Pink Shirt Day on February 26th, with our students having worked on activities throughout the week in the classroom to show awareness of bullying, and focussing on kindness, caring and acceptance. We hosted an Assembly, followed by a Pink Shirt Walk about around our school block with our Pink attire along with posters and banners.

Capitol Hill School is truly a fabulous place to be. Thank you to all in ensuring that we work together for the success of our children! I hope you all have a fabulous and safe Spring Break!

Wally Kanno
Principal



PAC Executive

Chair: Valentina Farley

Treasurer: Lilia Tsui

Secretary: Nelly Huang

DPAC Rep: Lark Maloff

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Hornet Basketball Update

Boys Basketball:

The boys showed up to every practice and game ready to play and work hard. They showed great improvement throughout the season, winning all of their games. Mr. Canuel and Ms. Sewell would like to acknowledge all of the boys for their positive attitude and team spirit- what a fun bball season! Also, to those parents who supported the team by being fans and volunteer drivers- Thank you!

Our competitive boys basketball team was selected to play Aubrey on Thursday, February 20 to see who advanced to the competitive playday. With a convincing win, the boys advanced to the competitive playday on Tuesday, February 25, playing three games in the first round against Stride, Marlborough and Sperling. We finished first in our pool, winning all three games. From there, the top eight teams in Burnaby played a single elimination game, our opponent being Brantford. For the first half of the game things didn't go our way and we quickly saw ourselves trailing by several baskets. During the second half, however, we pushed hard and climbed back from a two-digit deficit to tie Brantford 24-24 with only seconds remaining on the clock. The second half showcased the true talent and work ethic of our boys, draining shots, rebounding, stealing balls and forcing turnovers. It was a sight to be appreciated and had the crowd on their toes. With no time remaining on the clock, Brantford was awarded a foul shot, putting an abrupt end to our promising and exciting season. The Capitol Hill Hornets finished the tournament placing fifth in Burnaby. They represented Capitol Hill with grit, determination, and heart, and should be proud of their accomplishments. Way to go Hornets!

We would like to recognize the following students for participating on our Basketball Teams:

Ivan S., Noah A., John K., Aaron P., Jamie T., Kayden J., Giuseppe R., Antonio R., Max G., Aiden M., Alvin S., John Q., Dexter T., and Evan L.

Competitive Team: Simon K., Kayden A., Devon L., Domenic L., Mardin V., Tyler C., Eugene L., Enoch L., and Daniel K.

Girls Basketball:

The girls basketball team had a group of dedicated team members who worked hard to learn the skills and game strategies throughout the season. Our team demonstrated great sportsmanship and teamwork and culminated the season at a Playday hosted at Burnaby North Secondary School on Thursday, February 20th and recorded two victories in their five games. Mrs. Armstrong, Mr. Kanno and Mr. Wu would like to recognize the following players for a fun and successful season:

Michelle L, Melody M., Kayla L., Kiana L., Rene H., Racine H., Natalie J., Jessica L., Nina L., Elaina W., Maya C., Jocelyn Z., Mabell M., Daphne H., Alina G., Angela C., Sama A., and Grace Y.



Your stuff misses YOU too. **LOST & FOUND**



Our lost and found bin is overflowing with lost items. There will be a table set up in the hall by the library with our lost and found items laid out. Please take the time when you pick up/drop off your child(ren) to take a look and see if any items belong to any members of your family. All items will be donated by the end of March.

Grade 7 Public Speaking Challenge

As part of second term's writing and speaking portion of the English Language Arts curriculum grade 7 students are required to write and share a speech in class. Our district sponsors a public speaking challenge each year to support this and this year's topic was: "The greatest life lesson I have learned so far is..." Two of our grade 7 students were chosen to represent Capitol Hill and share their speech at the Brentwood North Zone final on February 20th. Lenore Wilson (div. 1) and Jocelyn Z. (div. 3) represented our school fabulously at this event hosted by our school. We congratulate both of these students on their fine efforts and to wish Jocelyn well as she was chosen as one of two speakers from our zone to speak at the District Finals scheduled for March 11 at Byrne Creek Secondary!



Pink Shirt Day (February 26th)

In 2007 two highschool students in Nova Scotia decided to speak out against bullying by supporting a fellow student who was bullied for wearing a pink shirt to school on the first day of classes. The boys purchased a bunch of pink shirts and gave them out to students to wear to show support for this student. By the end of the week almost all of the students in the school were wearing pink shirts. This movement has gained nationwide prominence as we show support and speak out against bullying! At Capitol Hill our students took part in many classroom activities focusing on kindness, caring, and acceptance from the heart. We hosted a Pink Shirt Day assembly followed by a Pink Shirt Walk around our block to bring awareness to our community. Our staff and students were invited to add their contributions to the "Laneway of Love", our walkway between our two buildings.

Thanks to Division 7 for coordinating this fabulous idea! It has brought a warmth to our building.



SPRING BREAK is from

March 16th to March 27th.

Capitol Hill will be **CLOSED** for these 2 weeks. School will

resume on

Monday, March 30th.

Have a safe and fun Spring Break!



PAC NEWS

The Next PAC Meeting will be on Wednesday, March 11th at 6:30pm



Mark your calendars!
Our **Book Fair** is coming in March!

COMMUNITY NEWS:

Since 1993

Royal Soccer Club

SOCCER DAY CAMPS

Burnaby 2020

- * July and August weeks
- * all children aged 5 to 13
- * morning & full day sessions
- * before & after care available
- * camp soccer ball, tshirt & medal for all participants

Register by March 31 or June 1, 2020 for AMAZING discounts

1-800-427-0536 royalsoccer.com

BARRACUDAS
EST. 1959

Burnaby Barracudas Aquatics Club
WWW.BURNABYBARRACUDAS.COM

- Competitive Swimming
- Baby Barracudas
- Water Polo
- Diving

February 23, 2020:
3:30 - 5:30pm @ SFU POOL:
8888 University Dr, Burnaby, BC V5A 1S6

TRY-IT CAMP
COMPETITIVE SWIMMING
WATER POLO
& DIVING

- Session cost - \$15.00 (cash/cheque or e-transfer accepted)
- Open to swimmers aged 3 - 17 years
- Swimmers 6 and up required to swim 25 meters minimum

For more information contact:
: registrar@burnabybarracudas.com

Swim **Stronger** Swim **Faster**

The Burnaby School District is seeking applications for the casual, on-call positions of Crossing Guard and Student Supervisor.



Successful applicants will have:

- Grade 12 education
- demonstrated ability and experience in working with children

The ability to work throughout the District and be available for shifts every day school is in session is a definite asset.

Please submit a resume and cover letter to:

Grae Emerson, HR Advisor
Burnaby School District
5325 Kincaid Street
Burnaby BC V5G 1W2
grae.emerson@burnabyschools.ca

Only those applicants selected for an interview will be contacted.

BURNABY WATER POLO CLUB
EST. 1987

Got Game? www.burnabywaterpolo.com

Water Fitness Game Skills Friendship Team Work

Burnaby Water Polo Club

Girls, Boys & Co-Ed Water Polo
Beginner to Advanced Programs
Ages 6-18
Fall & Winter League - September to April
Summer Skills & Scrimmage - May to August

Check our web site at www.burnabywaterpolo.com for programs descriptions and costs, contact us for registration, and for free trials

PO BOX 50039, South Slope RPR,
Burnaby, BC V5J 5G3 778-328-2657 www.burnabywaterpolo.com

BURNABY LAKE
FIELD HOCKEY CLUB

LOOKING FOR AN EXCITING SPRING SPORT OPPORTUNITY?

BLFHC offers junior programs from March-June for young girls and boys, ages 6 and up. No previous experience necessary. Field hockey is a team sport where the emphasis is on skill development, teamwork, and fun. This provides a fantastic opportunity for offseason training in a competitive team environment.

@BURNABYLAKERS BURNABYFIELDHOCKEY.COM BLFHCINFO@GMAIL.COM

March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Div. 7: Community Improvement Fair Earthquake Drill (am)	6	7
8 Int'l. Women's Day Spring Forward— Clocks go ahead!	9	10	11 Div. 4: Burnaby Art Gallery Workshop  PAC Meeting 6:30pm (Library)	12 Primary Days of Music @ University Highlands (10:00 – 11:15am) 	13 Gr. 7 Freezie sale 	14
15	16	17	18	19	20	21
 ← SPRING BREAK →						
22	23	24	25	26	27	28
 ← SPRING BREAK →						
29	30 School Reopens from Spring Break Welcome Back Assembly 9:10am	31				