Newsletter #7

February, 2019

# **École Capitol Hill**

Dea We

Principal - Mr. W. Kanno Head Teacher - Mrs. C. Armstrong Administrative Secretary - Ms. N. Leung 350 S. Holdom Ave. Burnaby, B.C. V5B 3V1 Ph. 604 296-9006

# Principal's Message

Dear Parents,

We would like to welcome two new staff members to Capitol Hill. Ms. Gurleen Billing has joined our Alternate Behaviour Program as an Educational Assistant and Ms. Satwant Chane is an Educational Assistant in our regular English program. We welcome them both to our school community.

We have formed a Traffic/Parking Committee at our school. This committee is comprised of three parent volunteers as well as myself and Mrs. Arrmstrong. The parent members of the committee are: Heidi Cogan, Shapi Rashidi Harsini, and Clayton Harbour. This committee has met several times over this second term. We have discussed some short term goals, one of which is the parking issue around our school especially at drop-off time in the mornings and pick-up times at the end of the school day. In order to get a better picture of our parent community and how your children are getting to school each day, we have developed a parent survey. We have consulted with our school PAC with this survey and it will be out via our school listserve in the coming week. This will be an online survey that can be completed in a very short period of time. If you do not have access to a computer or other technology to complete the survey online (Survey Monkey), we will have paper copies available at the office. We have also started a consultation with the City of Burnaby to look at the parking regulations on our surrounding streets. The committee will also look at long term recommendations to help alleviate the traffic and parking issues at our school. I would like to extend my gratitude to our committee members for their efforts thus far.

Spring Break is just around the corner, and our last day of classes will be Friday, March 15th. We will return back to school on Monday, April 1st. Second term report cards will be issued to students on Friday, March 15th.

Our grade 6 and 7 boys and girls have had the opportunity to join our Capitol Hill school Basketball teams. We have just finished our season with both of our teams participating at a Playday hosted by Burnaby North Secondary. I would like to thank our staff (Ms. Sewell, Mr. Canuel and Mrs. Armstrong) and parent volunteer (Mr. Sandy Morton) who have spent their time teaching the game of basketball to our players.

Capitol Hill School is truly a fabulous place to be. Thank you to all in ensuring that we work together for the success of our children! I hope you all have a fabulous and safe Spring Break!

Wally Kanno Principal

#### **PAC Executive**

Chair: Valentina Farley

Treasurer: Heather Reid & Lilia Tsui

Secretary: Nelly Huang

DPAC Rep: Mary Halfar

#### Members at Large:

Kaori DeCola & Anne-Marie Uy

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## **Traffic and Parking Committee**

We have formed a Traffic/Parking Committee comprised of three parent volunteers as well as myself and Mrs. Arrmstrong. The parent members of the committee are: Heidi Cogan, Shapi Rashidi Harsini, and Clayton Harbour. Please keep an eye out for an Online Survey (Survey Monkey) coming out via Listserve in the coming week.

## **Hornet Basketball Update**

Both of our Grade 6/7 Boys' and Girls' Basketball teams have had fantastic seasons.

Both teams practiced twice a week and had weekly afterschool games against other schools in the North Burnaby zone. The season ended with Playdays hosted at Burnaby North Secondary School for our boys and Cariboo Secondary School for our girls' team. Our student athletes displayed fabulous sportsmanship throughout the season and we saw amazing growth in their individual skills and their team play. We would like to thank Ms. Sewell and Mr. Canuel for coaching the boys' team and Mrs. Armstrong and Mr. Kanno for coaching the girls' team. We would also like to thank Mr. Sandy Morton who volunteered his time to help coach our girls' team. Thanks to our parent volunteers who helped to drive our players to afterschool games hosted at other schools in our zone.

We would like to recognize the following students for participating on our Basketball Teams:

#### Grade 6 & 7 Girls:

Maya	Jocelyn Z	Michelle	Kayla	Kiana	Mabell	Daphne H.
Alina	Rachel	Daphne L.	Nina	Vivian	Eadon	Alanna

Sophia Tasha

Grade 6 & 7 Boys:

Devon	Domenic	Kaden	Evan	Mark	Roy	Caua	Matthew
Kirby	Ali	Owen	Aryan	Kobe	Sepehr	Rodin	Aydin

Nolan



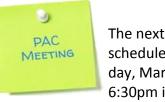
### Please mark your calendars:

Spring Break is from Monday, March 18th to Friday, March 29th.

Report Cards will be distributed on Friday, March 15th. If you have any questions or concerns, please contact the classroom teacher via email. Please note: email responses will most likely occur after spring break.



## **PAC NEWS**



The next PAC Meeting is scheduled for Wednesday, March 13th at 6:30pm in the Library.



SCHOOL SPIRIT DAY: THE 90'S

On Wednesday, March 13th show

your school spirit and come dressed fully in 90's attire! **Totally Rad!** 

# **HEALTHY KIDS FAIR**

Newborn to 5 years with an adult

Tuesday, March 5 9:30-11:30am Free Admission Cameron Complex

Children need to be accompanied by an adult. All adults need to be accompanied by a child.

Come and meet community health professionals specializing in preschool services who are on hand to answer your questions. Explore, play and learn about how to keep our kids healthy and active. Visit the displays, enjoy the art and music stations and play with the Imagination Playground blocks. For more information contact Justine Henderson at 604-415-3553.

Please have this interpreted.

#### 請找人爲您翻譯這資料。

ਕ੍ਰਿਪਾ ਕਰਕੇ ਇਸਦਾ ਤਰਜ਼ਮਾ ਕਰਵਾ ਲਵੋ। Por favor haga que le traduzcan esto. Xin nhỏ dịch ra tài liệu này.

لطفا بخواهيد كه اين مطلب براى شما ترجمه شود. 중요 사항, 한글로 해독 하시길 바람



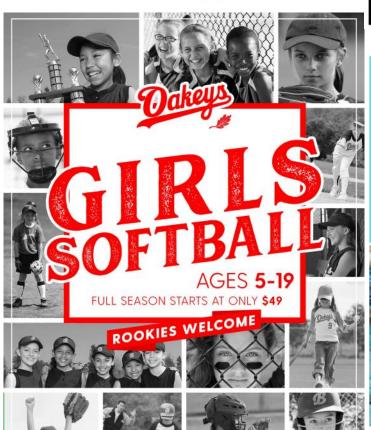
#### Cameron Recreation Complex 9523 Cameron Street | burnaby.ca/preschool











# **Capitol Hill Elementary**

Exciting new programs are coming your way, available for registration on Tuesday March 5, 2019!

#### Junior Chefs, 5-10 yrs

Junior Chefs is the perfect recipe for teaching kids how to cook, eat healthy and have fun! \$38.40.4 sessions

Tu, 3:00-4:30pm April 2

Mother's Day Chocolates & Crafts, 5-12 yrs Join us after school to create special crafts and chocolate treats to give your mother for Mother's

\$16.10, 1 session

Tu, 3:00-4:45pm May 7 497420

#### Drawing Techniques-Shadbolt in your School, 9-12 yrs

Learn new techniques and improve your drawing skills using a variety of drawing materials such as pencil, charcoal, conté, pastel and more. Explore themes in pop art and culture, from Andy Warhol to manga. \$46.20, 4 sessions

Tu, 3:00-4:45pm May 14

497254





#### How to Register

#### Online: burnaby.ca/webreg

To register call Eileen Daily Leisure Pool & Fitness Centre at 604-298-7946. Fees must be paid when you register. We accept VISA, MasterCard, or AMEX or you can register at any Burnaby Recreation Facility at the Front Counter.

> For information please contact: Rohan Matts Program Coordinator: Northwest Community Programs Rohan.Matts@burnaby.ca 604-297-4531



·LIMITED SPOTS AVAILABLE ·

# TRY SYNCHRO FREE

25TH MAY 1ST,8TH JUNE 2019
 CG BROWN POOL

TO REGISTER: WWW.BCSSC.ORG





## **COME JOIN RMM PIPE BAND!**

#### No experience needed!

World class instruction by members of the six-time world champions SFU Pipe Band

Ages 7 - 18

MEETS EVERY TUESDAY AT 7:00 PM SFU BURNABY MOUNTAIN CAMPUS

PERFORMANCES ♦ HIGHLAND GAMES ♦ COMPETITIONS ♦ CHARITY EVENTS



www.sfupipeband.com/rmmpb registrar@sfupipeband.com





## www.metroballhockey.ca

- Registration starts December
- · Season starts in April
- League playoffs in June
- · Provincials start after playoffs
- Western Challenge Cup in July
- · Volunteers always needed
- · Goalie gear supplied

<ul> <li>Peanut Division - Under 8</li> <li>Tyke Division - Under 6</li> </ul>	\$185 \$125
•Pup Division - Under 10	\$185
PeeWee Division - Under 12	\$185
•Minor Division - Under 14	\$195
•Major Division - Under 16	\$195
•Junior Division - Under 19	\$195

Metro Minor Ball Hockey Association offers youth a safe, affordable and fun-filled sport in the Metro Vancouver area. Ball hockey brings the thrill of hockey to our dry floor arenas in the springtime and it provides excitement in a team-oriented atmosphere.

Metro Minor Ball Hockey welcomes all genders regardless of skill level. Registration may fill up quickly at some age levels.

For more information visit our website or email us at info@metroballhockey.ca



# GAMEFACE A Board Game Night for Youth

Join us for a night of board games and fun! Choose from games like Settlers of Catan, Carcassonne, or Fluxx.

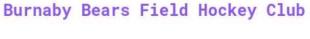
FRIDAYS, 4:00 TO 7:00 PM McGill Branch | 4595 Albert Street

> January 25 February 22 March 29 April 26

No registration is required but space is limited. For more information, visit bpl.bc.ca/events or any BPL information desk.







# Junior Field Hockey Spring 2019

SEASON: APRIL TO JUNE

FIELD: BURNABY LAKE SPORTS COMPLEX WEST

PRACTICES: TUESDAYS & THURSDAYS
GAMES: SATURDAYS OR SUNDAYS

EARLY BIRD RATE: \$95 (UNTIL APRIL 7TH)

REGULAR REGISTRATION: \$115 (APRIL 8TH ONWARD)

UNIFORM: \$40 JERSEY + \$10 SOCKS



Field hockey for girls ages U6 to U18 focusing on physical literacy, basic field hockey skills, teamwork, and sportsmanship. All skill levels are welcome!

Email: burnabybears@gmail.com Social Media: burnabybearsfhc www.burnabybearsfieldhockey.com



#### SD40

### Parents' Night Out

Free for parents of New Westminster school-aged children.

# March 5 6:30-7:30 p.m.

Doors Open at 6:00 p.m.

Location: Justice Institute of British Columbia

715 McBride Blvd New Westminster, BC V3L 5T4

### Parents, Guardians and Caregivers

Join us for a free, educational information evening on the growing trend of vaping in middle and high schools throughout the Lower Mainland.

Our keynote speaker, Dr. Ingrid Tyler, Medical Health Officer for Fraser Health, will share information and research to educate parents and caregivers on the health effects that vaping has on youth.

To register, please visit https://pnovaping.eventbrite.ca

School District 40 District Parent Advisory Council





#### NEWWESTSCHOOLS.CA

School Board Office, School District No 40 811 Ontario Street, New Westminster, BC T 604 517 6240 | E info@sd40.bc.ca @NewWestSchools@NewWestSchools



The Spring Session for Balloholic youth basketball kicks off April 15 and regis-

tration has been open since
February. We are happy to
add a new varsity spring
league for boys at Burnaby
North Secondary this year.
Please check the website for
further details on the Spring
programs and to register
online: <a href="https://www.balloholic.com/spring-session">https://www.balloholic.com/spring-session</a> or email us
at <a href="mailto:info@balloholic.com">info@balloholic.com</a> with
any questions you may
have.

Balloholic provides classes for students in a fun environment for all skill levels from 5 years old to grade 9 in a year round program. Our coaches are trained and students learn the FUNdamentals of basketball in a modified games format. Classes are located throughout Burnaby in elementary and secondary schools. The program is designed to follow the LTAD model for sport in Canada.



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		М	arch 20	19		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				35	1	2
3	Math Club 3-4pm	5	6	<b>7</b> Gr. 7's to Burnaby North	8	9
10	11 Math Club 3-4pm	12 Primary Day of Music: Gr.2 & 3 at Confedera- tion Park (am)	90's Spirit Day PAC Meeting: 6:30pm in the Library	14 March Month End Assembly: 11am	15 Report Cards Distributed  Last Day before Spring Break	16
Happy  St. Patrick's  Day!	18	19	20 ring Br	21	22	23
24	25	26	27 ring Br	28 eak <del>-</del>	29	30
31						