

École Capitol Hill



Principal - Mr. W. Kanno
Head Teacher - Mrs. C. Armstrong
Administrative Secretary - Ms. N. Leung

350 S. Holdom Ave.
Burnaby, B.C. V5B 3V1
Ph. 604 296-9006

Principal's Message

Dear Parents,

We would like to welcome two new staff members to Capitol Hill. Ms. Gurleen Billing has joined our Alternate Behaviour Program as an Educational Assistant and Ms. Satwant Chane is an Educational Assistant in our regular English program. We welcome them both to our school community.

We have formed a Traffic/Parking Committee at our school. This committee is comprised of three parent volunteers as well as myself and Mrs. Armstrong. The parent members of the committee are: Heidi Cogan, Shapi Rashidi Harsini, and Clayton Harbour. This committee has met several times over this second term. We have discussed some short term goals, one of which is the parking issue around our school especially at drop-off time in the mornings and pick-up times at the end of the school day. In order to get a better picture of our parent community and how your children are getting to school each day, we have developed a parent survey. We have consulted with our school PAC with this survey and it will be out via our school listserve in the coming week. This will be an online survey that can be completed in a very short period of time. If you do not have access to a computer or other technology to complete the survey online (Survey Monkey), we will have paper copies available at the office. We have also started a consultation with the City of Burnaby to look at the parking regulations on our surrounding streets. The committee will also look at long term recommendations to help alleviate the traffic and parking issues at our school. I would like to extend my gratitude to our committee members for their efforts thus far.

Spring Break is just around the corner, and our last day of classes will be Friday, March 15th. We will return back to school on Monday, April 1st. Second term report cards will be issued to students on Friday, March 15th.

Our grade 6 and 7 boys and girls have had the opportunity to join our Capitol Hill school Basketball teams. We have just finished our season with both of our teams participating at a Playday hosted by Burnaby North Secondary. I would like to thank our staff (Ms. Sewell, Mr. Canuel and Mrs. Armstrong) and parent volunteer (Mr. Sandy Morton) who have spent their time teaching the game of basketball to our players.

Capitol Hill School is truly a fabulous place to be. Thank you to all in ensuring that we work together for the success of our children! I hope you all have a fabulous and safe Spring Break!

Wally Kanno
Principal

PAC Executive

Chair: Valentina Farley

Treasurer: Heather Reid & Lilia Tsui

Secretary: Nelly Huang

DPAC Rep: Mary Halfar

Members at Large:

Kaori DeCola & Anne-Marie Uy

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Traffic and Parking Committee

We have formed a Traffic/Parking Committee comprised of three parent volunteers as well as myself and Mrs. Armstrong. The parent members of the committee are: Heidi Cogan, Shapi Rashidi Harsini, and Clayton Harbour. Please keep an eye out for an Online Survey (Survey Monkey) coming out via Listserve in the coming week.

Hornet Basketball Update

Both of our Grade 6/7 Boys' and Girls' Basketball teams have had fantastic seasons. Both teams practiced twice a week and had weekly afterschool games against other schools in the North Burnaby zone. The season ended with Playdays hosted at Burnaby North Secondary School for our boys and Cariboo Secondary School for our girls' team. Our student athletes displayed fabulous sportsmanship throughout the season and we saw amazing growth in their individual skills and their team play. We would like to thank Ms. Sewell and Mr. Canuel for coaching the boys' team and Mrs. Armstrong and Mr. Kanno for coaching the girls' team. We would also like to thank Mr. Sandy Morton who volunteered his time to help coach our girls' team. Thanks to our parent volunteers who helped to drive our players to afterschool games hosted at other schools in our zone.



We would like to recognize the following students for participating on our Basketball Teams:

Grade 6 & 7 Girls:

Maya	Jocelyn Z	Michelle	Kayla	Kiana	Mabell	Daphne H.
Alina	Rachel	Daphne L.	Nina	Vivian	Eadon	Alanna
Sophia	Tasha					

Grade 6 & 7 Boys:

Devon	Domenic	Kaden	Evan	Mark	Roy	Caua	Matthew
Kirby	Ali	Owen	Aryan	Kobe	Sepehr	Rodin	Aydin
Nolan							

Spring Break!



Please mark your calendars:

Spring Break is from
Monday, March 18th to
Friday, March 29th.

Report Cards will be distributed on Friday, March 15th. If you have any questions or concerns, please contact the classroom teacher via email. Please note: email responses will most likely occur after spring break.



PAC NEWS



The next PAC Meeting is scheduled for Wednesday, March 13th at 6:30pm in the Library.



SCHOOL SPIRIT DAY: THE 90'S

On Wednesday, March 13th show your school spirit and come dressed fully in 90's attire! **Totally Rad!**

HEALTHY KIDS FAIR

Newborn to 5 years with an adult

Tuesday, March 5
9:30-11:30am
Free Admission
Cameron Complex

Children need to be accompanied by an adult. All adults need to be accompanied by a child.

Come and meet community health professionals specializing in preschool services who are on hand to answer your questions. Explore, play and learn about how to keep our kids healthy and active. Visit the displays, enjoy the art and music stations and play with the Imagination Playground blocks. For more information contact Justine Henderson at 604-415-3553.

Please have this interpreted.

請找人為您翻譯這資料。

हिंदी: कृपया किसी बच्चे के साथ आएं।

Por favor haga que le traduzcan esto.

Xin nhờ dịch ra tài liệu này.

لطفاً بتواظفد كه ابن مطلب برائى شما ترجمه شود.

중요 사항, 한글로 해독 하시길 바랍니다



Cameron Recreation Complex
 9523 Cameron Street | burnaby.ca/preschool

Burnaby Public Library
 www.bpl.bc.ca

fraser health
 better health. best health care.

BOARD OF EDUCATION
 BURNABY SCHOOL DISTRICT #41

City of Burnaby

Capitol Hill Elementary

Spring 2019

Exciting new programs are coming your way, available for registration on Tuesday March 5, 2019!

Junior Chefs, 5-10 yrs

Junior Chefs is the perfect recipe for teaching kids how to cook, eat healthy and have fun!

\$38.40, 4 sessions

Tu, 3:00-4:30pm April 2 497439

Mother's Day Chocolates & Crafts, 5-12 yrs

Join us after school to create special crafts and chocolate treats to give your mother for Mother's Day!

\$16.10, 1 session

Tu, 3:00-4:45pm May 7 497420

Drawing Techniques-Shadbolt in your School, 9-12 yrs

Learn new techniques and improve your drawing skills using a variety of drawing materials such as pencil, charcoal, conté, pastel and more. Explore themes in pop art and culture, from Andy Warhol to manga.

\$46.20, 4 sessions

Tu, 3:00-4:45pm May 14 497254



How to Register

Online: burnaby.ca/webreg

To register call Eileen Daily Leisure Pool & Fitness Centre at 604-298-7946. Fees must be paid when you register. We accept VISA, MasterCard, or AMEX or you can register at any Burnaby Recreation Facility at the Front Counter.

For information please contact:
 Rohan Matts
 Program Coordinator:
 Northwest Community Programs
Rohan.Matts@burnaby.ca
 604-297-4531

City of Burnaby
 Parks, Recreation & Cultural Services

Oakeys

GIRLS SOFTBALL

AGES 5-19
 FULL SEASON STARTS AT ONLY \$49

ROOKIES WELCOME

SOFTBALLBURNABY.COM

• LIMITED SPOTS AVAILABLE •

TRY SYNCHRO FREE

• 25TH MAY 1ST, 8TH JUNE 2019 •

• CG BROWN POOL •

TO REGISTER: WWW.BCSCC.ORG



Caprice



PIPING ♦ SNARE DRUMMING ♦ TENOR DRUMMING ♦ BASS DRUMMING

COME JOIN RMM PIPE BAND!

No experience needed!

World class instruction by members of the six-time world champions SFU Pipe Band

Ages 7 - 18

**MEETS EVERY TUESDAY AT 7:00 PM
SFU BURNABY MOUNTAIN CAMPUS**

PERFORMANCES ♦ HIGHLAND GAMES ♦ COMPETITIONS ♦ CHARITY EVENTS



www.sfupipeband.com/rmmph
registrar@sfupipeband.com



www.metroballhockey.ca

- Registration starts December
- Season starts in April
- League playoffs in June
- Provincials start after playoffs
- Western Challenge Cup in July
- Volunteers always needed
- Goalie gear supplied

- Junior Division - Under 19 \$195
- Major Division - Under 16 \$195
- Minor Division - Under 14 \$195
- PeeWee Division - Under 12 \$185
- Pup Division - Under 10 \$185
- Peanut Division - Under 8 \$185
- Tyke Division - Under 6 \$125

Metro Minor Ball Hockey Association offers youth a safe, affordable and fun-filled sport in the Metro Vancouver area. Ball hockey brings the thrill of hockey to our dry floor arenas in the springtime and it provides excitement in a team-oriented atmosphere.

Metro Minor Ball Hockey welcomes all genders regardless of skill level. Registration may fill up quickly at some age levels.

For more information visit our website or email us at info@metroballhockey.ca



Grades
6 - 9

BURNABY PUBLIC LIBRARY

GAMEFACE

A Board Game Night for Youth

Join us for a night of board games and fun! Choose from games like Settlers of Catan, Carcassonne, or Fluxx.

**FRIDAYS, 4:00 TO 7:00 PM
McGill Branch | 4595 Albert Street**

**January 25
February 22
March 29
April 26**

No registration is required but space is limited.
For more information, visit bpl.bc.ca/events
or any BPL information desk.

Burnaby Public Library
www.bpl.bc.ca/teens

Follow us:
 facebook.com/burnabypubliclibrary
 @burnabypl

Burnaby Bears Field Hockey Club

Junior Field Hockey Spring 2019

SEASON: APRIL TO JUNE

FIELD: BURNABY LAKE SPORTS COMPLEX WEST

PRACTICES: TUESDAYS & THURSDAYS

GAMES: SATURDAYS OR SUNDAYS

EARLY BIRD RATE: \$95 (UNTIL APRIL 7TH)

REGULAR REGISTRATION: \$115 (APRIL 8TH ONWARD)

UNIFORM: \$40 JERSEY + \$10 SOCKS



Field hockey for girls ages U6 to U18 focusing on physical literacy, basic field hockey skills, teamwork, and sportsmanship. All skill levels are welcome!

Email: burnabybears@gmail.com

Social Media: [burnabybearsfhc](https://www.facebook.com/burnabybearsfhc)

www.burnabybearsfieldhockey.com



The Effects of Vaping on Youth

SD40

Parents' Night Out

Free for parents of New Westminster school-aged children.

March 5

6:30-7:30 p.m.

Doors Open at 6:00 p.m.

Location:
Justice Institute of British Columbia
715 McBride Blvd
New Westminster, BC V3L 5T4

Parents, Guardians and Caregivers

Join us for a free, educational information evening on the growing trend of vaping in middle and high schools throughout the Lower Mainland.

Our keynote speaker, Dr. Ingrid Tyler, Medical Health Officer for Fraser Health, will share information and research to educate parents and caregivers on the health effects that vaping has on youth.

To register, please visit
<https://pnovaping.eventbrite.ca>

School District 40
District Parent Advisory Council



New Westminster Schools

NEWWESTSCHOOLS.CA

School Board Office, School District No 40
811 Ontario Street, New Westminster, BC
T 604 517 6240 | E info@sd40.bc.ca

@NewWestSchools
@NewWestSchools

The Spring Session for Balloholic youth basketball kicks off April 15 and registration has been open since February. We are happy to add a new varsity spring league for boys at Burnaby North Secondary this year. Please check the website for further details on the Spring programs and to register online: <https://www.balloholic.com/spring-session> or email us at info@balloholic.com with any questions you may have.

Balloholic provides classes for students in a fun environment for all skill levels from 5 years old to grade 9 in a year round program. Our coaches are trained and students learn the FUNDamentals of basketball in a modified games format. Classes are located throughout Burnaby in elementary and secondary schools. The program is designed to follow the LTAD model for sport in Canada.



BARRACUDAS
EST. 1959

Burnaby Barracudas Aquatics Club

WWW.BURNABYBARRACUDAS.COM

Swim **Stronger. Swim Faster**

- Swimming ● Baby Barracudas
- Water Polo ● Diving

JOIN US!

- Kids ages 3 - 18
- Swimmers 6 & up must swim min. 25 meters

Summer Season - May to August
* swim, water polo, dive, masters

Winter Maintenance - Sept. to April
* swim only

For more information contact:

✉: registrar@burnabybarracudas.com

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Math Club 3-4pm	5	6	7 Gr. 7's to Burnaby North	8	9
10	11 Math Club 3-4pm	12 Primary Day of Music: Gr.2 & 3 at Confedera- tion Park (am)	13 90's Spirit Day PAC Meeting: 6:30pm in the Library	14 March Month End Assembly: 11am	15 Report Cards Distributed Last Day before Spring Break	16
17 	18	19	20	21	22	23
						
24	25	26	27	28	29	30
						
31						