



SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Jan.7th - Feb.1st 2019

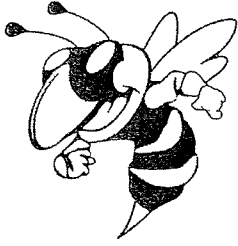
Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
7 th BBQ Chicken with Corn Vegetable/Fruit	8 th Turkey Chili (Dinner Roll) Vegetable/Fruit	9 th Cheese Ravioli with Tomato Sauce Vegetable/Fruit	10 th Sweet & Sour Meatballs with Rice Vegetable/Fruit	11 th Honey Garlic Chicken with Tater Tots Vegetable/Fruit
14 th Meatball and Mashed Potatoes Vegetable/Fruit	15 th Chicken Fingers (Caesar Wrap) Tortilla Vegetable/Fruit	16 th Meat Sauce (beef) with w/w Penne Vegetable/Fruit	17 th BBQ Chicken with Roast Potatoes Vegetable/Fruit	18 th Pizza Day
21 st Mango Salsa with Tater Tots Vegetable/Fruit	22 nd Sloppy Joe (Hamburger Bun) Vegetable/Fruit	23 rd Chicken Noodle Soup (Crackers) Vegetable/Fruit	24 th Shepherd's Pie (beef) Vegetable/Fruit	25 th Macaroni and Cheese with w/w Pasta Vegetable/Fruit
28 th Pro-D Day	29 th Lasagna Vegetable/Fruit	30 th Meatball with Rotini in Tomato Sauce Vegetable/Fruit	31 st Butter Chicken with Brown Blend Rice Vegetable/Fruit	Feb.1 st Pizza Day

Preferred payment is through Cash Online. Online payment is available until December 16, 2018

No Post Dated Cheques

Lunch Envelopes due by December 17, 2018



École Capitol Hill Elementary

350 Holdom Avenue, Burnaby, B.C., V5B 3V1 Phone: 604-296-9006
Email: capitolhill.info@burnabyschools.ca

December 7, 2018

Dear Parents/Guardians:

On the back of this letter is the menu for **Monday January 7 – Friday February 1, 2019**. The School Meal Program needs your support. The cost of the lunch program for this period is **\$70.00**. The \$70 program cost is the same every month (despite the varying school days per month) because the cost is averaged over the entire school year. On field trip days, students participating in the School Meal Program will be provided with a bag lunch consisting of a sandwich, whole apple, and a juice box.

Payment options:

1. **Preferred payment is through online.** Go to <https://Burnaby.schoolcashionline.com> – Check off “paid online” on the lunch envelope. NOTE - Envelope must still be handed in on time. Online payments can be made until **December 16, 2018**.
2. **Pay by Credit Card** – only accepted through Cash Online: <https://Burnaby.schoolcashionline.com> payments can be made until **December 16, 2018**
3. **Pay by cheque.** Make payable to Capitol Hill Elementary School and print your child’s name and division on the front of the cheque. **NO POST-DATED** cheques please.
4. **Pay by cash.** Exact change only.

ALL ENVELOPES MUST BE SIGNED AND SEALED. Every child must have their own envelope to participate in the lunch program.

Please note: We cannot guarantee that all food prepared for the meal program is done in a “nut free” environment, or that any or all ingredients are free from contact with nuts or nut products.

Sincerely,

Wally Kanno
Principal

Please return the signed and sealed envelope to the school by **noon** on:
December 17, 2018

We cannot accept any late orders.
There will be no exceptions.