



## École Capitol Hill Elementary

350 Holdom Avenue, Burnaby, B.C., V5B 3V1 Phone: 604-296-9006

Email: [capitolhill.info@burnabyschools.ca](mailto:capitolhill.info@burnabyschools.ca)

Sept 14, 2018

Dear Parents/Guardians:

On the back of this letter is the menu for **Monday Oct. 1 2018 – Oct. 26, 2018**. The School Meal Program needs your support. The cost of the lunch program for this period is **\$70.00**. The \$70 program cost is the same every month (despite the varying school days per month) because the cost is averaged over the entire school year. On field trip days, students participating in the School Meal Program will be provided with a bag lunch consisting of a sandwich, whole apple, and a juice box.

Payment options:

1. **Preferred payment is through online.** Go to <https://Burnaby.schoolcashionline.com> – Check off “paid online” on the lunch envelope. NOTE - Envelope must still be handed in on time. Online payments can be made until **Sept. 23rd, 2018**.
2. **Pay by Credit Card** – only accepted through <https://Burnaby.schoolcashionline.com> payments can be made until **Sept. 23rd, 2018**
3. **Pay by cheque.** Make payable to Capitol Hill Elementary School and print your child’s name and division on the front of the cheque. **NO POST-DATED** cheques please.
4. **Pay by cash.** Exact change only.

**ALL ENVELOPES MUST BE SIGNED AND SEALED.** Every child must have their own envelope to participate in the lunch program.

Please note: We cannot guarantee that all food prepared for the meal program is done in a “nut free” environment, or that any or all ingredients are free from contact with nuts or nut products.

Sincerely,

Wally Kanno  
Principal

Please return the signed and sealed envelope to the school by **noon** on:  
**Sept.24 , 2018**

We cannot accept any late orders.  
There will be no exceptions.



## SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Oct.1<sup>st</sup> - 26<sup>th</sup> 2018

*Thank you for supporting the School Meal Program*

Monday	Tuesday	Wednesday	Thursday	Friday
01 Mango Salsa Chicken with Tater Tots  Veges or Fruits	02 Sloppy Joe (Bun)  Veges or Fruits	03 Butter Chicken with Brown Blend Rice  Veges or Fruits	04 Shepherd's Pie  Veges or Fruits	05 Creamy Chicken with Rotini  Veges or Fruits
08  THANKSGIVING - NO SCHOOL	09 BBQ Chicken with Mashed Potatoes  Veges or Fruits	10 Beef Burrito with Salsa  Veges or Fruits	11 Honey Garlic Chicken with Tater Tots  Veges or Fruits	12  PIZZA Day
15 Chicken a la King on Rice  Veges or Fruits	16 Hamburger (Bun)  Veges or Fruits	17 Mac and Cheese  Veges or Fruits	18 Stir-fry Chicken with Rice  Veges or Fruits	19  PRO-D DAY
22 Fish Fillet on Rice  Veges or Fruits	23 Cheese Ravioli with Tomato Sauce  Veges or Fruits	24 Meatball with Light BBQ Sauce  Veges or Fruits	25 Chicken fingers with Tater Tots  Veges or Fruits	26  PIZZA DAY