

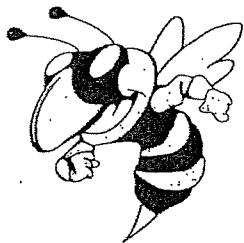


## SCHOOL MEAL PROGRAM

Hot Lunch Menu September, 2017

*Thank you for supporting the School Meal Program*

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>5</b>	<b>6</b> Cheese Ravioli in Tomato Sauce  Canned Fruit Milk	<b>7</b> Beef Stew Multigrain Roll  Fresh Fruit Milk	<b>8</b> Turkey Meatball with Spaghetti  Caesar Salad Milk
<b>11</b> Butter Chicken with Brown Rice Blend  Fresh Fruit Milk	<b>12</b> Hot Dog  Carrots & Dip Milk	<b>13</b> Chicken Fingers with Corn  Tossed Salad Milk	<b>14</b> Meat Sauce with Penne  Fruit Yogurt Milk	<b>15</b> Cheese Pizza on Multigrain Crust  Fresh Fruit Milk
<b>18</b> Mac and Cheese  Canned Fruit Milk	<b>19</b> Beef Chili Multigrain Roll  Cucumbers & Dip Milk	<b>20</b> Cacciatore Chicken with Tri Colour Rotini Tossed Salad Milk	<b>21</b> Curry Beef on Rice  Fresh Fruit Milk	<b>22</b> Salsa Chicken with Hashed Brown Caesar Salad Milk
<b>25</b> Lasagne  Canned Fruit Milk	<b>26</b> BBQ Chicken with Corn  Fresh Fruit Milk	<b>27</b> Fish Fillet on Rice  Carrots & Dip Milk	<b>28</b> Beef Burger  Caesar Salad Milk	<b>29</b> Cheese Pizza on Multigrain Crust  Fresh Fruit Milk



## École Capitol Hill Elementary

350 Holdom Avenue, Burnaby, B.C., V5B 3V1 Phone: 604-664-8637  
Email: capitolhill.info@sd41.bc.ca

September 5, 2017

Dear Parents/Guardians:

On the back of this letter is the menu for **Wednesday September 6 2017– September 29 2017**. The School Meal Program needs your support. The cost of the lunch program for this period is **\$70.00**. The \$70 program cost is the same every month (despite the varying school days per month) because the cost is averaged over the entire school year. On field trip days, students participating in the School Meal Program will be provided with a bag lunch consisting of a sandwich, whole apple, and a juice box.

Payment options:

1. **Pay online.** Go to <https://Burnaby.schoolcashionline.com> – Check off “paid online” on the lunch envelope. NOTE - Envelope must still be handed in on time. Online payments can be made until **September 9, 2017**.
2. **Pay by cheque.** Make payable to Capitol Hill Elementary School and print your child’s name and division on the front of the cheque. **NO POST-DATED** cheques please.
3. **Pay by cash.** Exact change only.

**ALL ENVELOPES MUST BE SIGNED AND SEALED.** Every child must have their own envelope to participate in the lunch program.

Please note: We cannot guarantee that all food prepared for the meal program is done in a “nut free” environment, or that any or all ingredients are free from contact with nuts or nut products.

Sincerely,

Wally Kanno  
Principal

Please return the signed and sealed envelope to the school by **noon** on:  
**September 11, 2017**

We cannot accept any late orders.  
There will be no exceptions.