

École Capitol Hill



Principal - Mr. W. Kanno
Head Teacher - Mrs. C. Armstrong
Administrative Secretary - Ms. N. Leung

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Principal's Message

Dear Parents/Guardians and families,

As we move into the month of October, I can see that our staff and students have settled into their routines and are working hard in all of the curricular areas. I have been so impressed in my many conversations with students throughout the school day in classrooms, at the office and in hallways. Our staff work hard to provide support for each child to ensure success for all, one student at a time. I have been very encouraged with my many conversations with parents on a daily basis. I can see your keen interest and care for the education and advocacy for your children. Our students have settled into their new classes wonderfully, as we have quickly progressed into this first term. I have had great feedback from both staff and parents about our Student Intake Meetings which took place on Tuesday, September 27th and Thursday, September 29th. We hope that this is the first of many ongoing conversations with you about your child(ren), as we believe communication is vital for their success.

With the autumn season upon us now, we will no doubt begin to see the weather becoming cooler and wetter. As you are aware, our school has a Westcoast Recess/Lunch in which our students will be going outside even if it is raining. Of course if the weather is too inclement we will declare an inside day, but these will probably be infrequent. To this end, we ask that your child(ren) come prepared with proper clothing to be outside on these not so nice days. Please see the information on page 2 to better help prepare your child(ren) for these days.

On our Professional Day on Friday (September 30th), our staff spent the day working on the redesigned curriculum that our province has now fully implemented beginning this September. If you would like to explore these changes you can find information at <https://curriculum.gov.bc.ca/>.

As always, if you have any questions or concerns, please feel free to come by the office, email me at wally.kanno@sd41.bc.ca or give our office a call (604 664-8637).

Wally Kanno
Principal

PAC Executive

Chair: tba

Treasurer: Tania Ballantyne

Secretary: tba

DPAC Rep: Calvin Taplay

<http://capitolhill.sd41.bc.ca>

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West-Coast Recess/Lunch – Please Dress for the Weather!

At Capitol Hill we believe it is healthy for children to get outside throughout the day for fresh air and exercise. Living on the West Coast we know that our climate contains a consistent amount of rainfall especially throughout the winter months. It makes sense that in our climate we are well prepared to be outside in the rain. Given that students will be outside for lunch and / recess even when it's raining it is important to send your child to school well prepared.

Being prepared for the weather

We know that if children are well prepared to be outside in the rain they actually enjoy it. As long as they stay dry and warm there is a great deal of fun to be had in all kinds of weather. To be prepared to be outside in the rain it is important for your child to have:

- A rain coat or water resistant covering
- Rubber boots to keep feet dry (if you are able to provide them with a pair to keep at school that would be perfect)
- “Muddy Buddies” – rain pants they can quickly slip over their clothes (much like they would snow pants)
- An umbrella
- A rain hat or coat with a hood
- A change of clothes just in case. (sweatpants, sock, underwear, t-shirt)



RainyWeather FAQ

I am concerned that my child will get sick being out in the rain.

It is not cold that makes us sick but rather viruses. “People get sick more often in the winter because they are exposed to each other more in the winter than in the summer. When it is cold outside people tend to stay inside are more likely to spread germs to one another.” (from “Does Cold Weather Cause the Cold or Flu?”). Turns out that getting outdoors is more likely to protect our children from illnesses than keeping them outdoors.

My child has been sick but is now returning to school. Can he stay inside today?

We are quite reluctant to allow this for a couple of reasons. First, if your child is still not quite better it would be better to keep him/her home until he/she is 100% ready to function fully at school. If he is too sick to go outside he is probably too sick to get through the day's work at school successfully - give him another day of rest. Secondly, we have very limited supervision inside so if more than of a couple of students are requesting this it becomes problematic. We do make exceptions to this based on special circumstances. Please contact your child's teacher to discuss this matter.

Are the Children ever allowed to stay inside due to the weather?

We occasionally have weather conditions that are unreasonable to expect students to stay outside. These days include hard, driving rain with extreme cold or wind. In these situations we intend to declare it an inside day, however, we do not expect to have more than two or three of these in a year.

2016 - 2017 SCHOOL CALENDAR



September 6	School Opens
September 7	First Full Day for Grades 1 – 7
September 23	Pro D Day – students do not attend
September 30	Pro D Day - students do not attend
October 10	Thanksgiving Day (school closed)
October 21	Pro D Day – students do not attend
November 11	Remembrance Day (school closed)
November 25	Pro D Day – students do not attend
Dec 19 – Jan 2	Winter Break (school closed)
February 13	Family Day (School closed)
February 17	Pro D Day – students do not attend
March 13 – 17	Spring Break (school closed)
March 20 – 24	School Closure
April 14	Good Friday (school closed)
April 17	Easter Monday (school closed)
April 24	Pro D Day – students do not attend
May 22	Victoria Day (school closed)
June 5	Pro D Day – students do not attend
June 29	Last day of school for students

Late for School

It is really important that parents ensure that their children arrive to school on time each day. Lessons begin at 8:55 and those who arrive late not only miss valuable instruction time, but also disturb the learning of their classmates by entering their classrooms after everyone is settled. Any student who arrives late, must first come to the school office to sign in, and then proceed to their classrooms.



PAC Corner

Our Parent Advisory Council will be holding their first meeting of the year on **Wednesday, October 12th at 6:30pm**. All PAC meetings will be held in our school library. Please put this in your calendars and plan to attend.



October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Cross Country Meet @ Bby Lake 3:30-4:30pm	4	5	6	7	1 8
9	10 Thanksgiving	11 Cross Country Awards Meet @ Bby Lake 3:30- 5:00pm	12 PAC Meeting 6:30pm (library)	13	14	15
16	17	18 Boys' Volleyball Game vs. tba	19	20 Great Shake Out Earthquake Drill 10:20am Girls' Volleyball Game vs. tba	21 Professional Day	22
23	24	25 Boys' Volleyball Game vs. tba	26	27 Girls' Volleyball Game vs. tba	28	29
30	31 Hallowe'en					

2016

École Capitol Hill Comments

We would like to know the Newsletters are being read at home by parents and students. Please fill in the information below and return it to the school and your child(ren) will have a chance to win a prize at our monthly draw. As always, your comments are welcome.

I have read the Newsletter Parent's Name: _____

Family Name: _____

Child's First Name: _____ Grade _____ Div. _____

Child's First Name: _____ Grade _____ Div. _____

Comments on any topic are most welcome:
