

# École Capitol Hill



Principal - Mr. W. Kanno  
Head Teacher - Mrs. C. Armstrong  
Administrative Secretary - Ms. N. Leung

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## Principal's Message

Dear parents, guardians, and families,

As we move into the month of November, inevitably we will see the number of student absences due to illnesses increase. If your son or daughter is sick, we ask that you keep him/her at home. This will prevent these colds and flu from spreading and decrease the number of absences in each class. As well, I am sure that the children will feel more comfortable at home while they recuperate from their cold or flu. We also remind all of our staff and students the importance of personal hygiene and the proper washing of hands as it can go a long way to prevent one from getting sick. If you are not sure if your child is ready to return to school after an illness, I have found that if students return to school early and are not fully recovered, that those first few days can be quite challenging for them both physically and emotionally. It would probably be wise to keep them home for that extra day, if at all possible, so that when your child returns to school, not only are they symptom free, but have the energy to take part in a full day of activity at school.

I know that there is a growing concern on my part along with the staff and many parents in our school community in regards to the traffic on the surrounding streets, and specifically the parking issues before and after school. We are most concerned as the safety of our children is at stake. We ask you to please be extra vigilant when driving in the vicinity of our school to help ensure the well-being and safety of our children and adults in our school community. We thank you for your cooperation and support to make Capitol Hill a safe place to learn and grow together!

Lastly, please be reminded that we will be hosting our **Remembrance Day Assembly on November 9th at 11am**. In our gymnasium. Everyone is welcome to attend. Friday, November 10th is a school closure day and the school will be closed. Monday, November 13, is a holiday in observance of Remembrance Day and school will not be in session.

As always, if you have any questions or concerns, please feel free to come by the office, email me at [wally.kanno@sd41.bc.ca](mailto:wally.kanno@sd41.bc.ca) or give our office a call (604 296-9006).

Wally Kanno

Principal

### PAC Executive

Chair: Valentina Farley

Vice Chair: Tania Ballantyne

Treasurer: Heather Reid

Secretary: Lana Mitchell

DPAC Rep: tba

Member at Large:

Loanne Walton & Adam Ballantyne

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## When Walking to School

### *Consider the following tips:*

- Know the route your child takes to and from school and how long it takes.
- Encourage your child to walk with a friend or in a group. Know the names, telephone numbers and addresses of these friends.
- Identify places on the way to school that could be potentially dangerous: wooded areas, parking lots, unlit or poorly lit walkways etc.
- Arrange for your child to arrive at school as close to the morning bell time as possible.
- Set a time for your child to report home after school.
- Encourage your child to wear light coloured clothing so that they are easily seen on rainy, dark days.
- Review street safety rules with your child.

### Leaving the school:

- Children are not allowed to leave the school during school hours unless they have parental consent .
- Students who eat lunch at school will not be permitted to go to the corner store during the lunch hour.
- If a child needs to go home due to illness, we will contact you or your emergency contact before your child leaves the school.
- If you have arranged for a friend or relative to pick up your child, please call to inform the school or send a note.
- Please come to the school office to 'sign out' your child if you are taking them out during school hours.

## Wheeling to School

If students use scooters or skateboards to come to school, they must pick them up and carry them while on the school grounds. If students ride bicycles/scooters to school, they must walk them on the school grounds and lock them in the bike rack which is near the parking lot. Students are reminded that helmets should be worn when riding scooters, skateboards and bicycles.

### NOVEMBER:

Thursday, November 9th: 10:45am Remembrance Day Assembly in the Gym

Friday, November 10th: District Closure Day: All School Closed

Monday, November 13th: School Closed for Observance of Remembrance Day

Friday, November 24th: Professional Day: Students do not attend

### DECEMBER:

Monday & Tuesday, December 18th & 19th: Christmas Concert Rehearsal and Concert

Friday, December 22nd: Last Day of School before Christmas Break





## EMAIL COMMUNICATION PROGRAM UPDATE

The Burnaby School District is in the process of updating the program used to email families. Email is a very important communication tool used throughout the district—especially during emergency situations. Please note—we will be using the email provided and listed on the student verification form which was sent out earlier this year. If you would like to unsubscribe, you can do so at any time. There may be duplicate emails sent to families with more than one child and we will be working towards correcting errors which may occur in the crossover of systems.

We appreciate your patience and are committed as a district to provide the best communication tool available.



*\*Save The Date\**



The Christmas Concert this year showcases Capitol Hill intermediate students. Our students will be presenting “Snow Biz”. Our PAC will be auctioning off seats for the evening concert and notices will be going home in December for this and ticket requests. Each family will have 2 tickets available for the evening performance.

Dress Rehearsal: Monday, December 18th 9:30am

Concert: Tuesday, December 19th 1:30pm and 7pm **\*\***(Tickets needed for 7pm show)

## PAC NEWS

*The next PAC meeting is on Wednesday November 8th, 6:30-8:00pm in the school library. Please enter through the back doors up the small flight of stairs from the staff parking lot. ALL parents and guardians are welcome and encouraged to attend.*

*Thank you to volunteer parents who stepped up to fill the executive roles. The PAC welcomes Valentina Farley as Chair, Tania Ballantyne as Vice Chair, Heather Reid as Treasurer, Lana Mitchell as Secretary. The PAC welcomes Loanne Walton and Adam Ballantyne as Members at large.*

PLEASE EMAIL THE PAC AT: [caphilpac@gmail.com](mailto:caphilpac@gmail.com)

VISIT THE PAC WEBSITE AT: [www.caphillpac.com](http://www.caphillpac.com)

FIND US ON FACEBOOK: [www.facebook.com/caphillpac/](http://www.facebook.com/caphillpac/)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b>	<b>2</b> <a href="#">Girls Volleyball game (home) vs. Gilmore</a>  <a href="#">Boys Volleyball game at Gilmore</a>	<b>3</b> <a href="#">First Popcorn Sale</a>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b> <a href="#">Boys Volleyball game at Confed. Park</a>	<b>8</b>	<b>9</b> <a href="#">Remembrance Day Assembly – 10:45am</a>  <a href="#">Girls Volleyball game (home) vs. Confed. Park</a>	<b>10</b> <a href="#">District Closure Day: No School</a>	<b>11</b> 
<b>12</b>	<b>13</b> <a href="#">School Closure for Remembrance Day</a>	<b>14</b> <a href="#">Boys Volleyball game (home) vs. Brentwood Park</a>	<b>15</b>	<b>16</b> <a href="#">Girls Volleyball game (home) vs. Brentwood Park</a>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> <a href="#">Hot Lunch Envelope Due</a>	<b>21</b> <a href="#">Boys Volleyball Playday Location tba</a>	<b>22</b>	<b>23</b> <a href="#">Girls Volleyball Playday Location tba</a>	<b>24</b> <a href="#">No School for Students</a>   PRO-D DAY	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> <a href="#">Month end Assembly 11am</a>		

## Ecole Capitol Hill Comments

***We would like to know the Newsletters are being read at home by parents and students. Please fill in the information below and return it to the school and your child(ren) will have a chance to win a prize at our monthly draw. As always, your comments are welcome.***

I have read the Newsletter

Parent's Name: \_\_\_\_\_

Family Name: \_\_\_\_\_

Child's First Name: \_\_\_\_\_ Grade \_\_\_\_\_ Div. \_\_\_\_\_

Child's First Name: \_\_\_\_\_ Grade \_\_\_\_\_ Div. \_\_\_\_\_

Comments on any topic are most welcome:

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